

## MEDIA ADVISORY

FOR IMMEDIATE RELEASE

June 1, 2017, OTTAWA, ON

### **Morning Fun Run/Walk - Celebrating National Health and Fitness Day**

The Sixth Annual National Health and Fitness Day will be marked in Ottawa with a fun run/walk with Olympic Champion Senator Nancy Greene Raine. This event is part of the National Health and Fitness Day effort to make Canada the fittest nation on earth. Media are invited to join Parliamentarians, municipal officials, and the general population for a fun walk/ run, beginning at Parliament Hill.

When: Saturday, June 3, 2017

6:45am – Photo op

7:00am – 3km walk or 5km run

Where: Centennial Flame, House of Parliament, Ottawa

Who: Senator Nancy Greene Raine

More information available at [www.NHFDcan.ca](http://www.NHFDcan.ca) or [Marilyn.McIvor@sen.parl.gc.ca](mailto:Marilyn.McIvor@sen.parl.gc.ca)/ 613 402 5154

National Health and Fitness Day is Saturday, June 3, 2017.

